

## Infrared sauna blanket

**Ultra-portable infrared sauna blanket** suitable for health and beauty purpose for professional or leisure use. Excellent for detox, weight loss, or general health and relaxation.

**Far infrared ray** is often referred to as the light of life for its importance in growth and nature. Around 81% of the sun's rays fall within this spectrum of light. Far infrared heat is renowned for its energizing and deeply penetrative powers. The far infrared rays have deeper penetrative powers than other heat sources achieving 4-5cm depths within the body in a short time. When using the sauna blanket the head/brain is not heated. This allows sweating without overheating the body's core temperature.

**Sunlight contains various light frequency waves. The normal absorption of resonant frequency for human body is 4 to 14um. This frequency wave band is called Far Infrared Wave, it can penetrate the human body of 2 to 3 um, This penetration improves body circulation and raises the body temperature.**

65~70% of the human body is made up of water, and each body cell contains 60~95% of water. The active resonant frequency of water is around 8 ~ 10 um. Our products are designed to maintain temperature between 30~70.C which is within 8~10 um. Far Infrared Ray can not only heal, but also be used for preserving, cooking, drying and heating. Far Infrared Ray technology can replace the use of harmful microwave technology, giving you a healthier living environment.

Far Infrared treatment can remove the accumulated toxins that blocks blood circulation from the body. As well as maintaining a balanced metabolism, aiding digestion and relieving constipation and relieving muscle tension in the body.

## Far Infrared Characteristic

- \* Increase efficiency
- \* reserve power
- \* improve quality and taste
- \* preserve
- \* sterilize
- \* enhance antibody
- \* relieve muscle tension
- \* enhance fuel/diesel combustion efficiency
- \* improve blood circulation
- \* lower toxic gas emission
- \* remove stench...



## What is Bian stones?

Bian stones are pointed stones that were historically used in traditional Chinese medicine. They are generally considered to be a precursor to acupuncture, utilizing heated pointed stones (instead of acupuncture needles) in the treatment of back and neck pain.

Bian stone therapy is one of humanity's oldest medical practices. The Bian-stone technique refers to the use of stone-based equipment to perform massaging, heating and other operations. The devices are called bian stone tools. Bian-stone includes both the Bian-stone technique and the tool. When used in medical institutions for therapeutic purposes, it is referred to as Bian-stone treatment.

Bian stone has been applied in Traditional Chinese Medicine for various soft tissue injuries, especially, cervical spondylosis, acute or chronic lower back pain, as well as skin disorders. The therapy is usually started with a traditional Chinese massage to open up the body's meridians, followed by a series of Bianstone treatments with pre-heated bian stone. This therapy can be coupled with other traditional Chinese medicine therapy, such as acupuncture, or cupping to achieve the optimal effect on cervical vertebra disease.

## Function of Bian stone

- Helps detoxification
- Supports fat loss
- Reduces water retention
- Improves circulation
- Supports the liver and kidneys
- Promotes a healthy mood
- Helps eliminate toxic metals
- Reduces lactic acids and free fatty acids

